

# Mental health and addictions-related health care use has increased, largely driven by young people

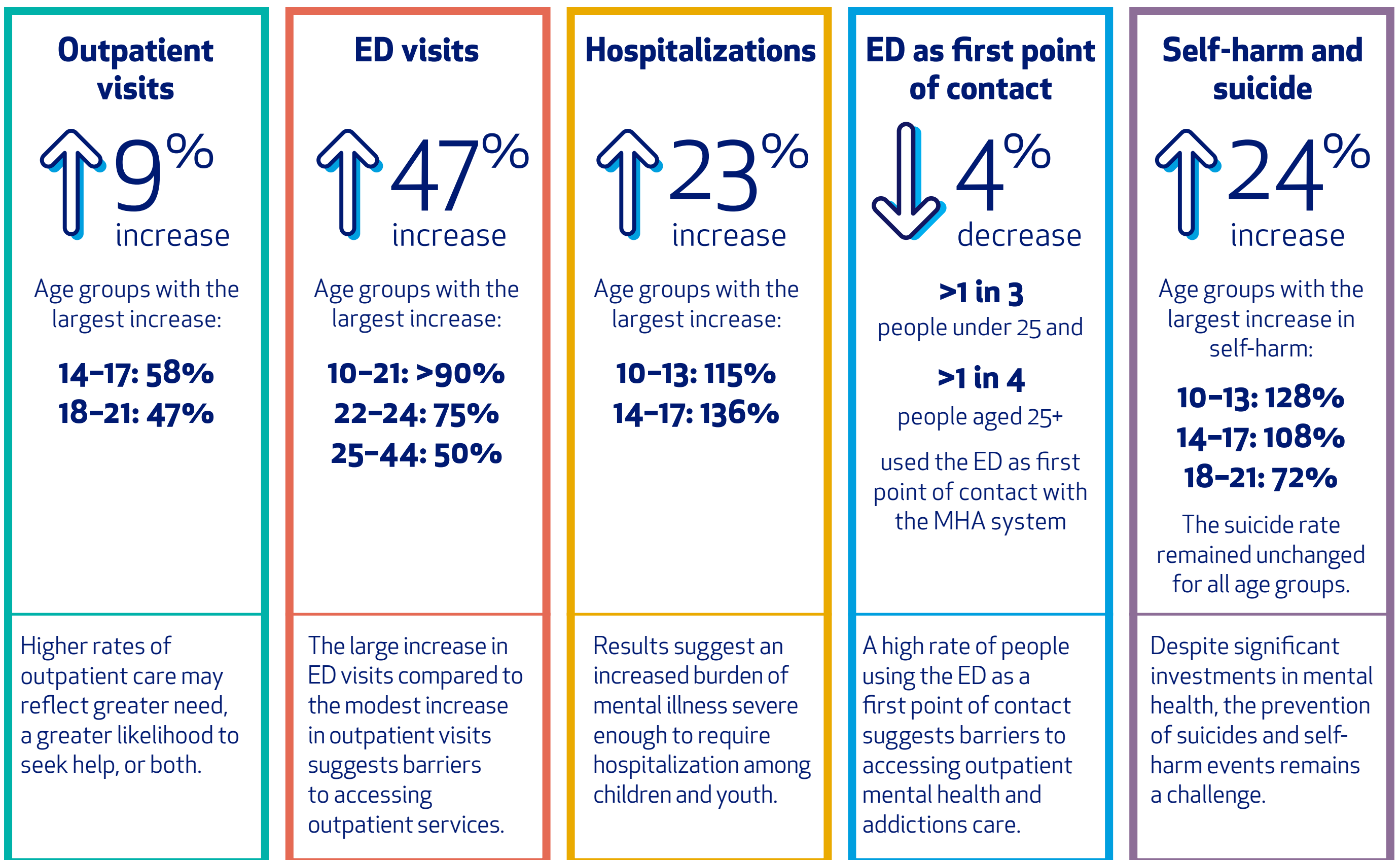


The 2021 mental health and addictions scorecard finds that rates of mental health and addictions-related outpatient health service use, emergency department (ED) visits and hospitalizations have increased in Ontario between 2009 and 2017.

Using linked health administrative data for 13 performance indicators, the scorecard provides a comprehensive system-wide view of mental health and addictions trends across the lifespan (0 to 105 years).

**“It is critical to understand what is happening across the mental health system. Understanding trends facilitates system planning. These indicators can serve as benchmarks for quality improvement and policy development.”**

– Dr. Paul Kurdyak, Mental Health & Addictions Research Program Lead, ICES



Mental Health and Addictions System Performance in Ontario: 2021 Scorecard. ICES; 2021.

