

# Making Pregnancy Better for People with Disabilities

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Good pregnancy care is important for all families in Canada, but some people, especially those with disabilities, don't always get the care they need.



A report called “Equity and Inclusion in Pregnancy Care” looks at what happens when people with disabilities get pregnant in Ontario.



## WHAT DID WE DO?

We looked at what happened when about 150,000 babies were born to people with disabilities.



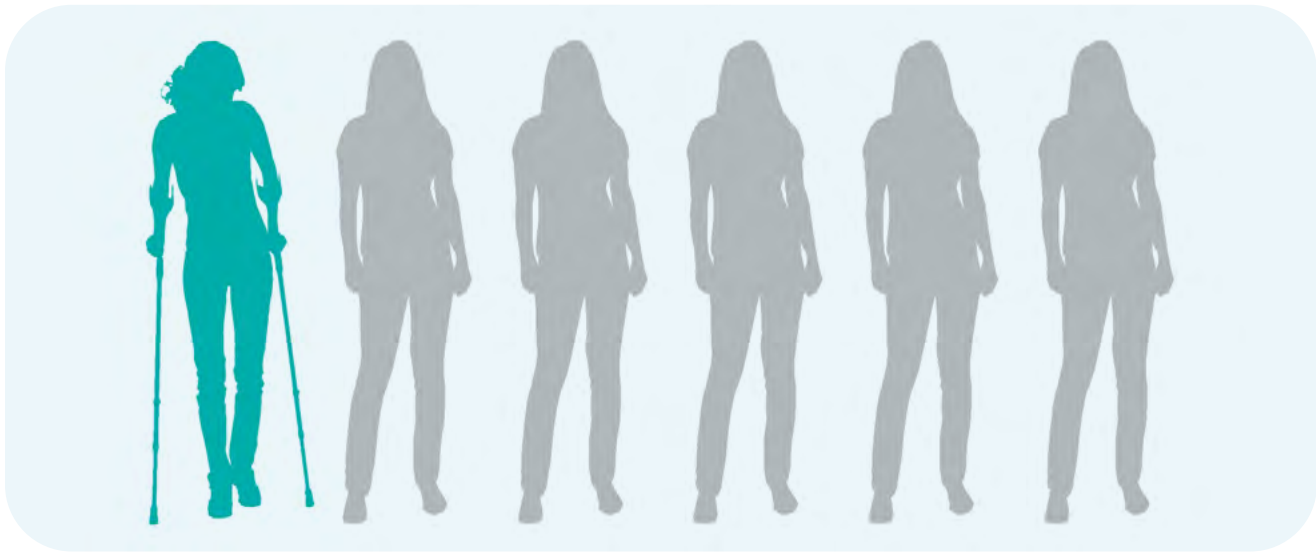
We also talked to people with disabilities and to doctors and nurses who work with them.

The report showed that we need to make health care better for people with disabilities who are pregnant.



# HERE IS WHAT WE LEARNED

**1 in 6 women** ages 15-49 have a disability.



**1 in every 8 babies** come from disabled women.

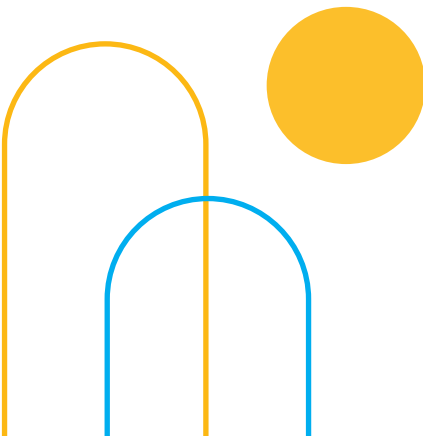


## HERE IS WHAT WE LEARNED

People with disabilities usually have healthy pregnancies. **But** more things can go wrong for people with disabilities when they are pregnant and after they have their baby.



When we asked people with disabilities, they told us about things that went well or things that went wrong and how **healthcare was hard for them.**



## THIS IS WHAT WE THINK NEEDS TO HAPPEN NOW:

Nothing about us without us!  
Changes to health care need to be made after **asking people with disabilities what works for them.**



We need to **teach the people who give healthcare more about helping people with disabilities** who want to get pregnant and who are pregnant.

We need to **make good information and help about pregnancy** for people with disabilities.



We need to **learn more about disabilities and healthcare** by doing more research.

## TITLE

Equity and Inclusion in Pregnancy Care: Report on the Pregnancy Outcomes and Health Care Experiences of People with Disabilities in Ontario

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